

THE DATA CENTER

Independent Analysis for Informed Decisions in Southeast Louisiana

# *Population trends*

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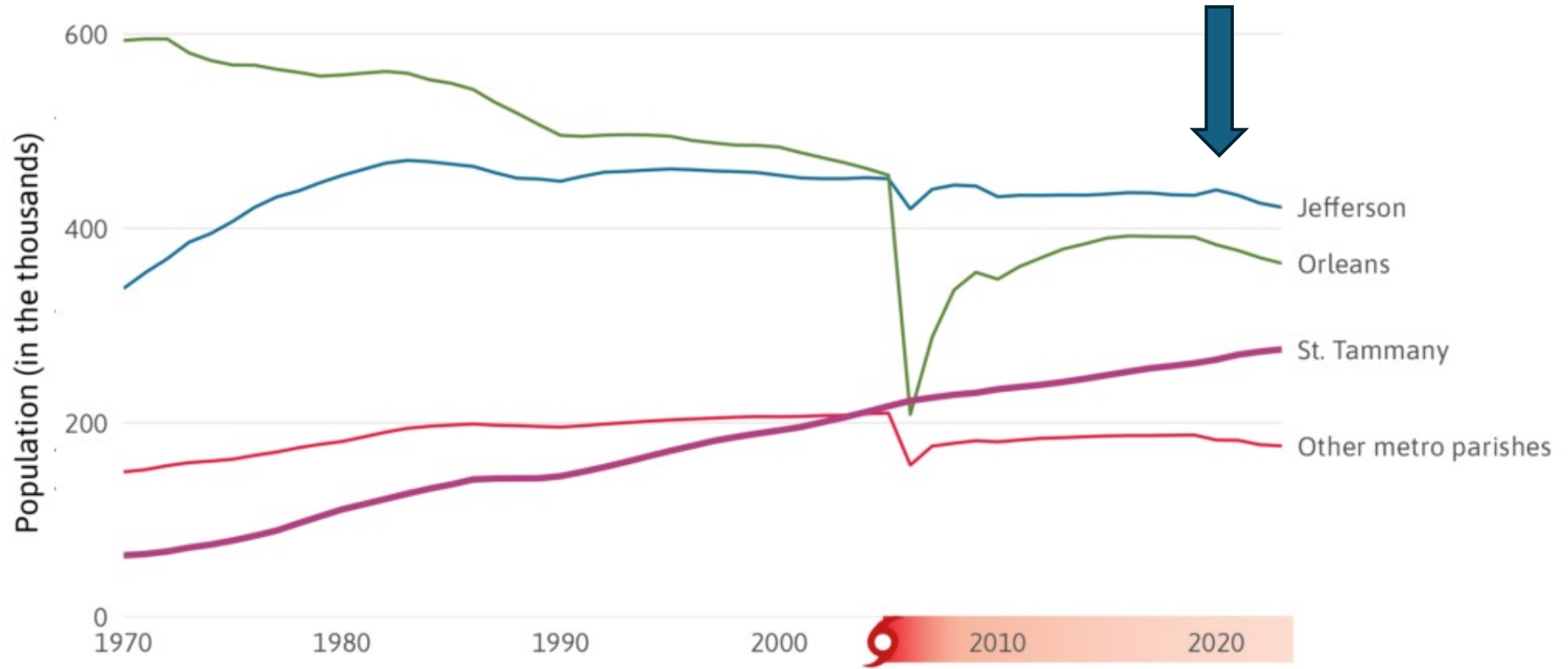
**Chief Demographer**

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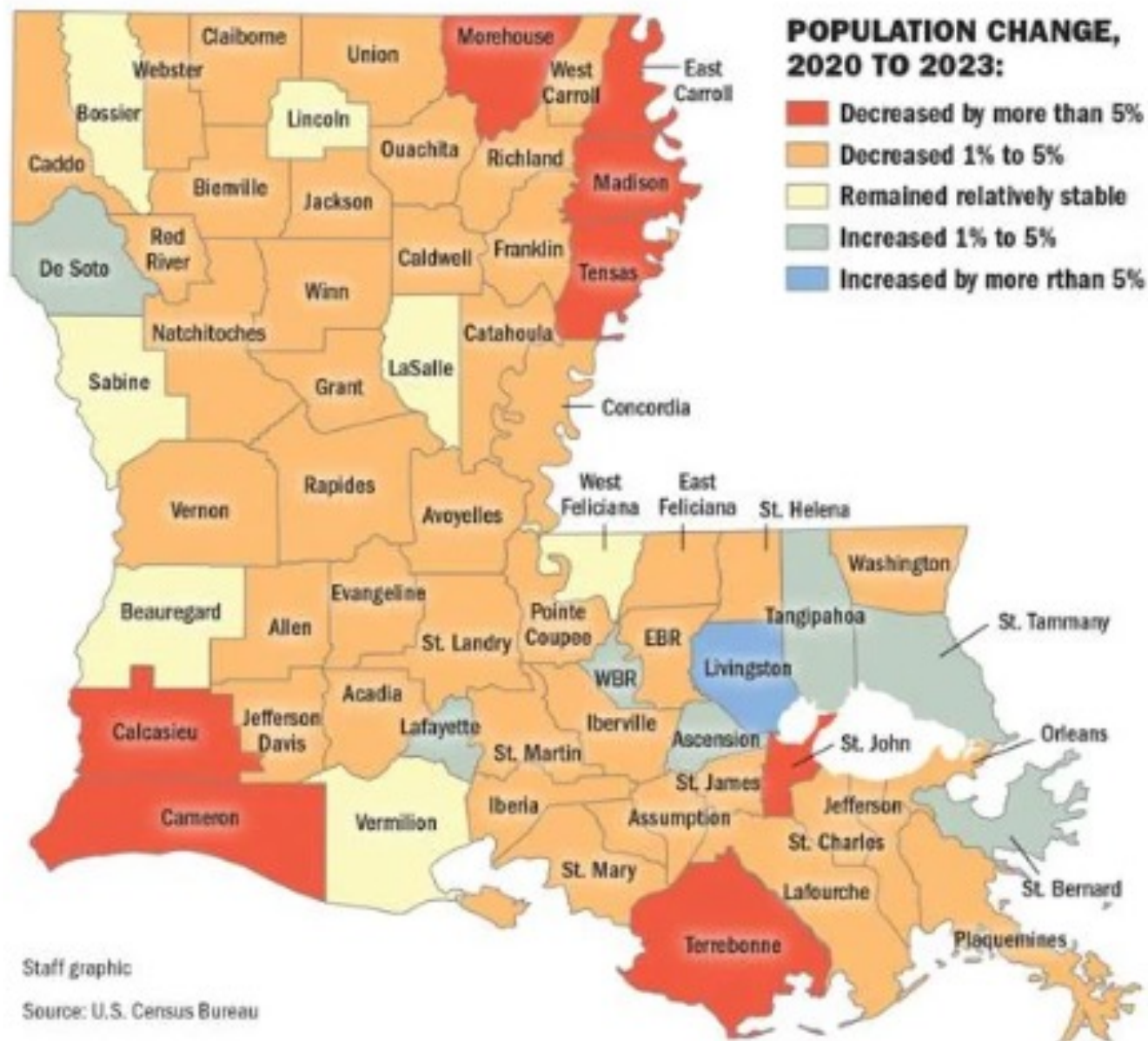
# Population trends in Metro New Orleans parishes

1980-2023



Source: U.S. Census Bureau Population Estimates Program, retrieved from FRED, Federal Reserve Bank of St. Louis





Staff graphic

Source: U.S. Census Bureau



Population change =  
Births – deaths +  
in-migration - outmigration

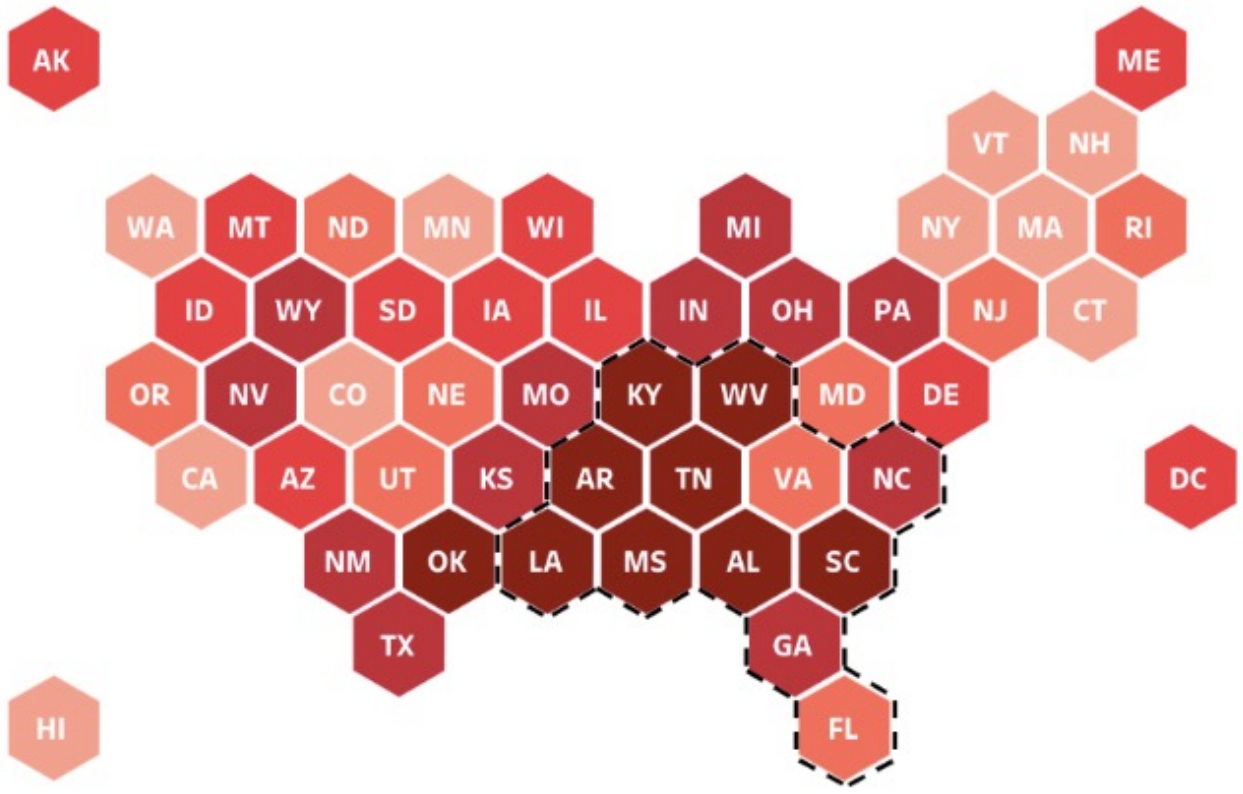
- Since 2020...
- U.S. had 8% more births than deaths.
- LA had 2% more births than deaths.

- 2020-23:
- LA is 14<sup>th</sup> youngest state.
- LA has among highest age-adjusted death rates of all states.

# Louisiana had the 5th highest death rate in the nation (1,070 deaths per 100,000 population) in 2020 and 2021.

Age-adjusted death rates per 100,000 population  
Average for years 2020-21

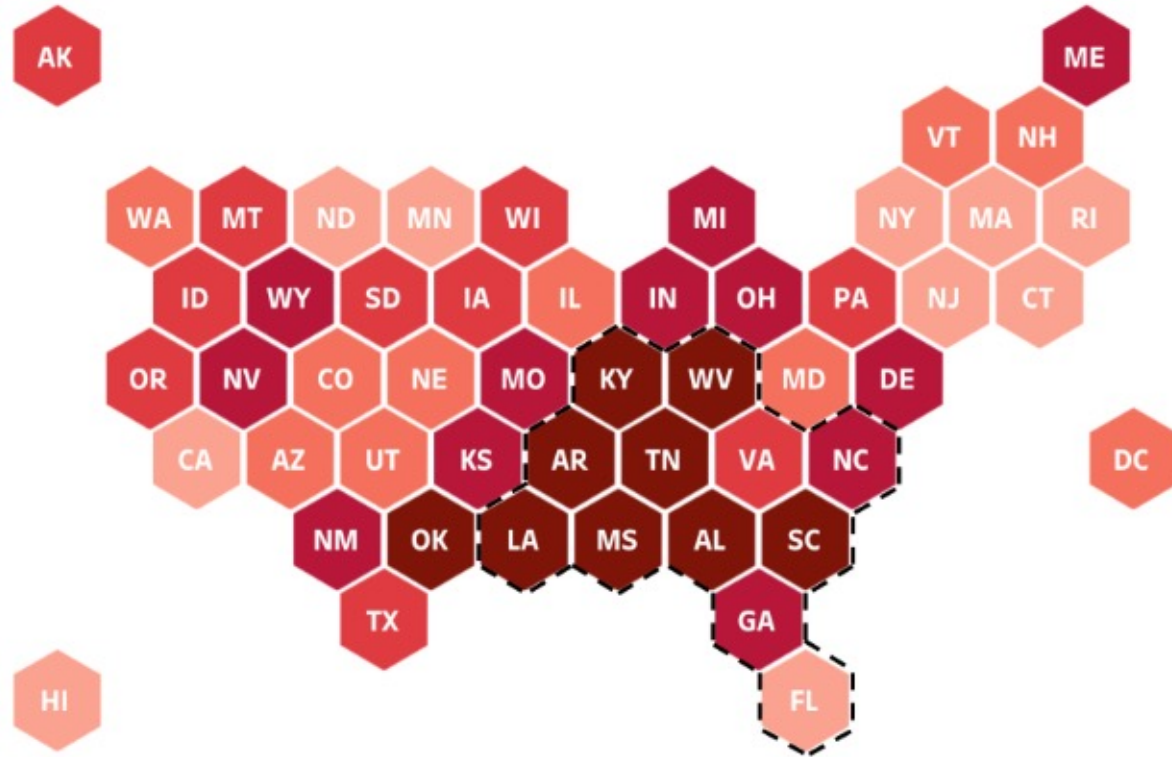
- 609–782
- 783–832
- 833–880
- 881–984
- 985–1172



# Louisiana had the 8th highest death rate in the nation (999 deaths per 100,000 population) in 2022.

Death rates per 100,000 population, 2022  
Age-adjusted

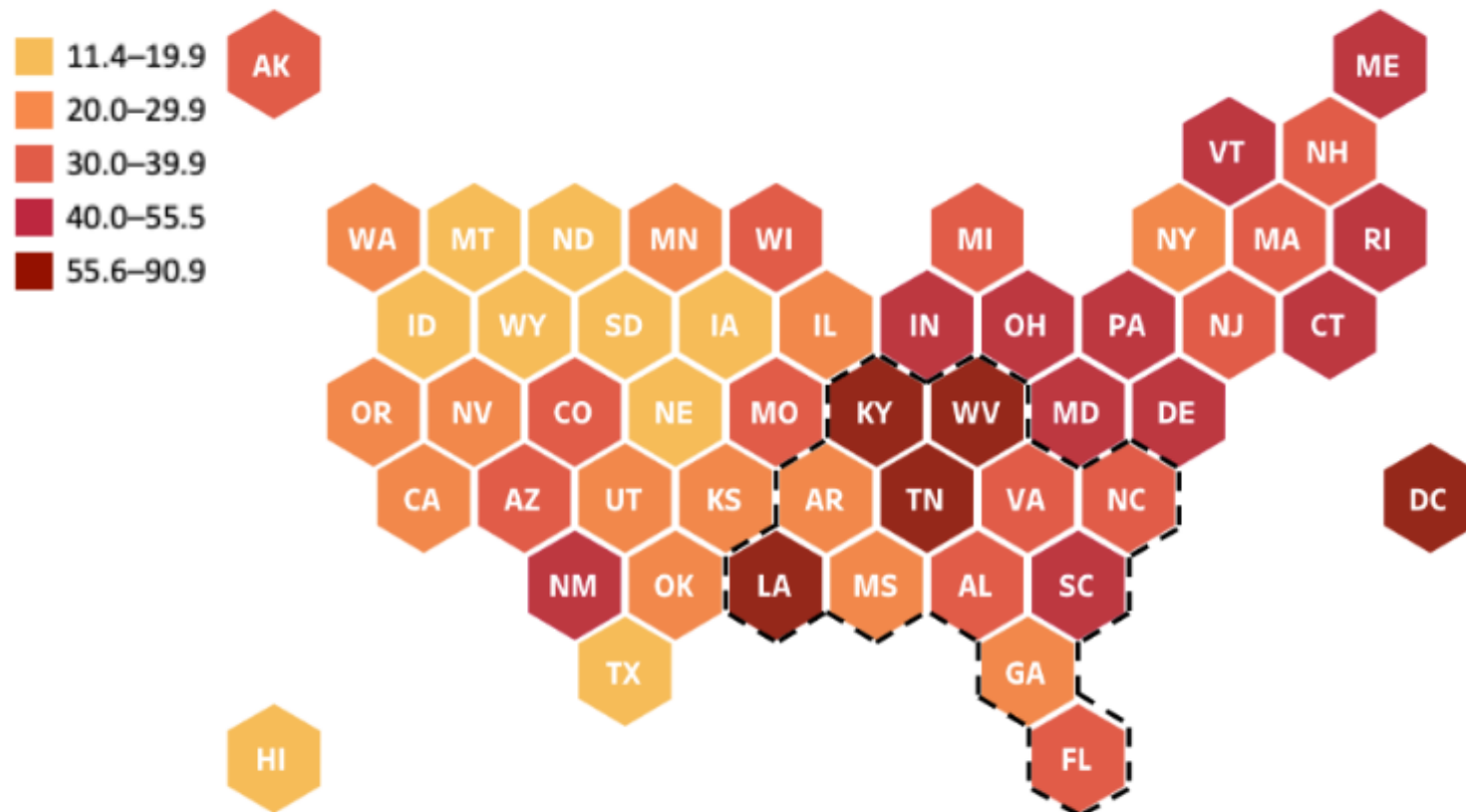
- 649–778
- 779–828
- 829–862
- 863–970
- 971–1145



Source: [CDC Wonder](#). 2022 data is provisional.

# Louisiana had the 4th highest drug overdose death rate in the nation in 2021 (56 deaths per 100,000 people).

**Drug overdose death rates, 2021**  
Age-adjusted per 100,000 population



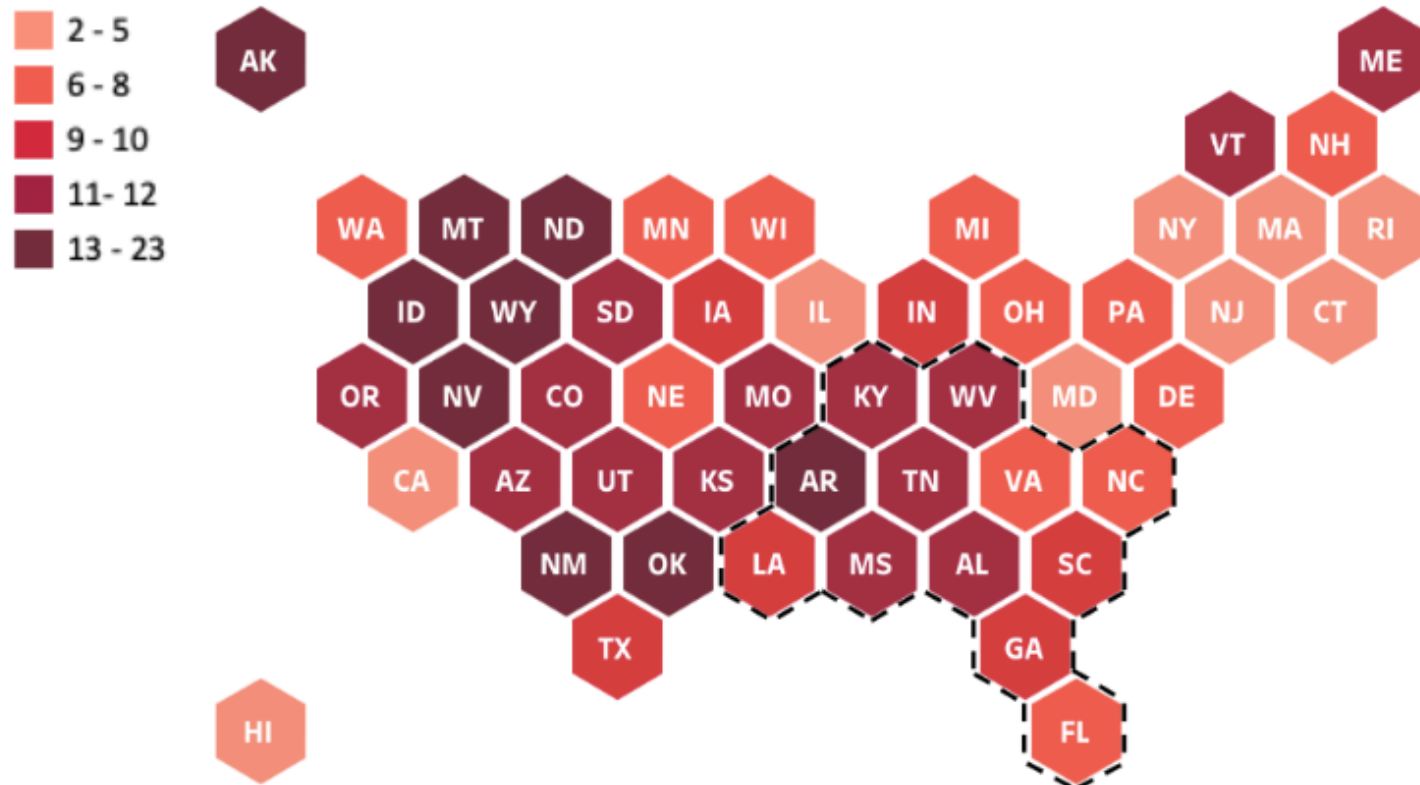
Source: [CDC](#). Notes: Drug overdose deaths are identified using ICD–10 underlying cause-of-death codes: X40–X44, X60–X64, X85, and Y10–Y14.



In Louisiana, there were 10 firearm suicides per 100,000 in 2021, which is higher than the already high national rate of 8 firearm suicides.

### Firearm suicide rates by state, 2021

Age-adjusted rates per 100,000 pop

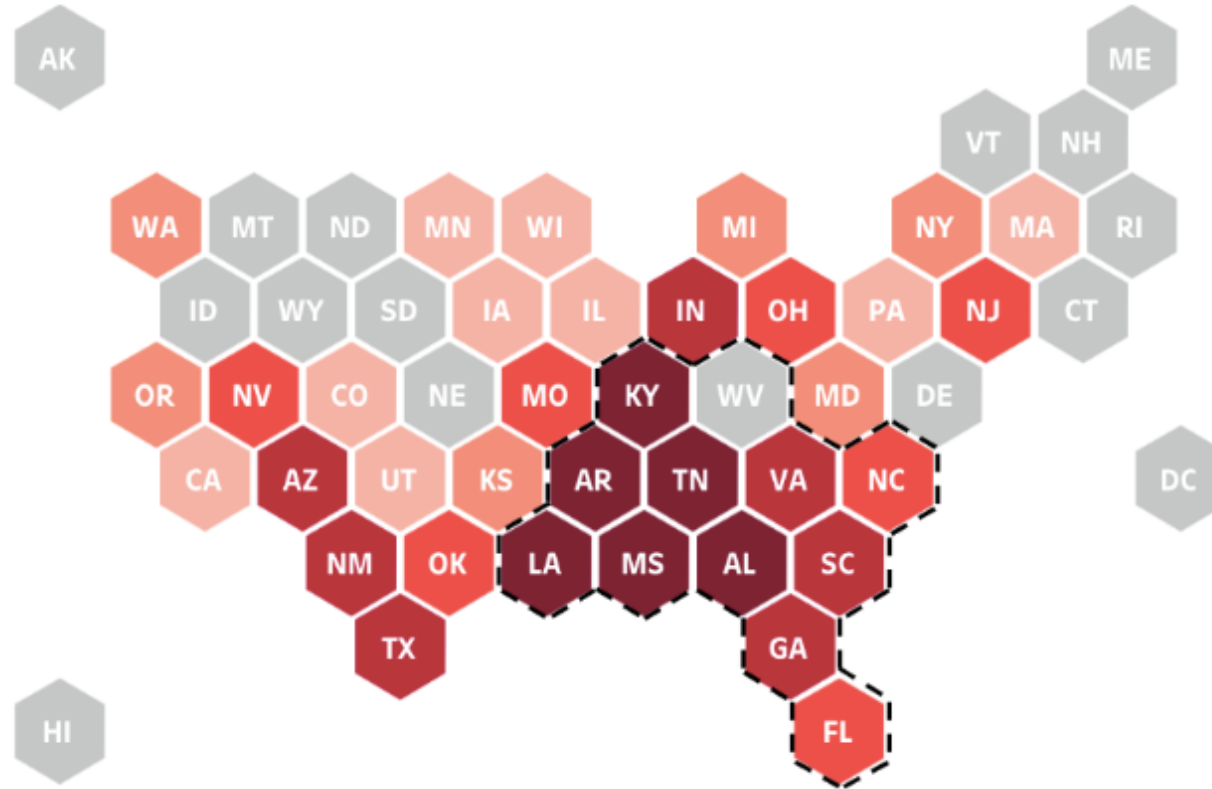
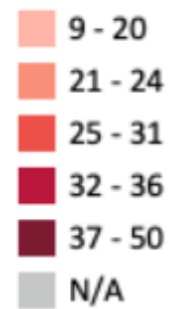


Source: [CDC/ Wonder](#) mortality data. Notes: Race groups are non-Hispanic. "Other firearm deaths" include accidental firearm discharge; undetermined intent firearm discharge; and legal intervention involving firearm discharge.

# Louisiana has one of the highest pregnancy-related death rates in the nation with 44 deaths per 100,000 live births.

## Maternal mortality rates, 2019-21

Pregnancy-related deaths per 100,000 live births



Sources: [CDC Provisional Mortality Statistics](#) (deaths) and [CDC National Vital Statistics System](#) (births). Notes: Data are a three-year average. State rates based on fewer than 20 deaths are suppressed because of reliability and confidentiality. A maternal death is defined as the death of a woman while pregnant or within 42 days of termination of pregnancy, from any cause related to or aggravated by the pregnancy or its management, but not from accidental or incidental causes.

# Outmigration

- Between 2020 and 2022...
- 15 states had more outmigration than in-migration. LA ranked 6<sup>th</sup> among these states.
- In 2022...
- For every 10 LA residents who moved to another state, only 7 residents came from other states to replace them.

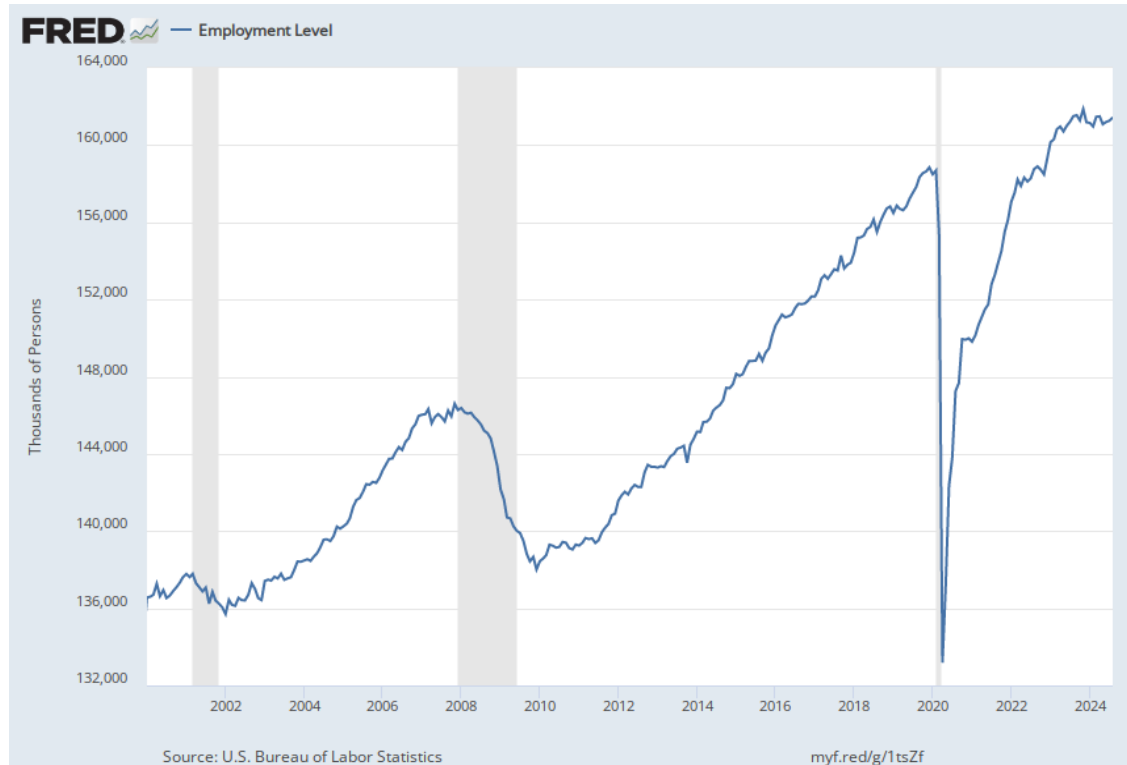


Reasons people move long distances:

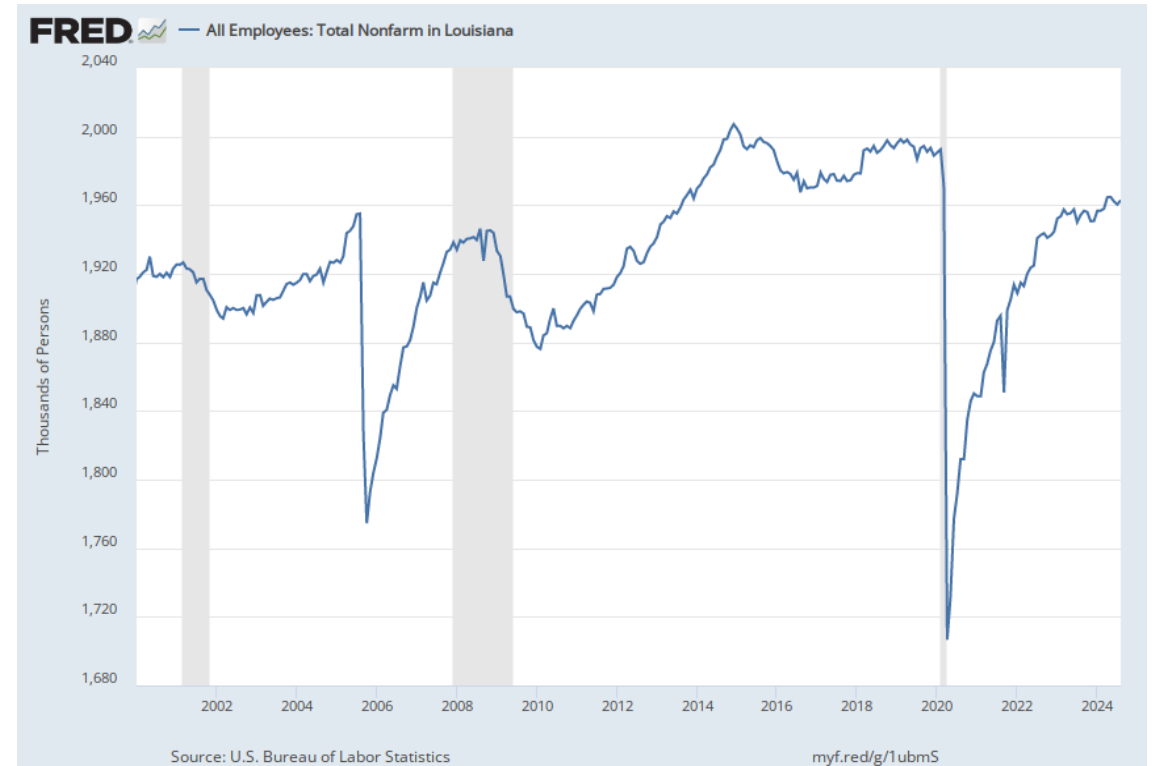
1. Work opportunities
2. Social networks

# Jobs since 2000...

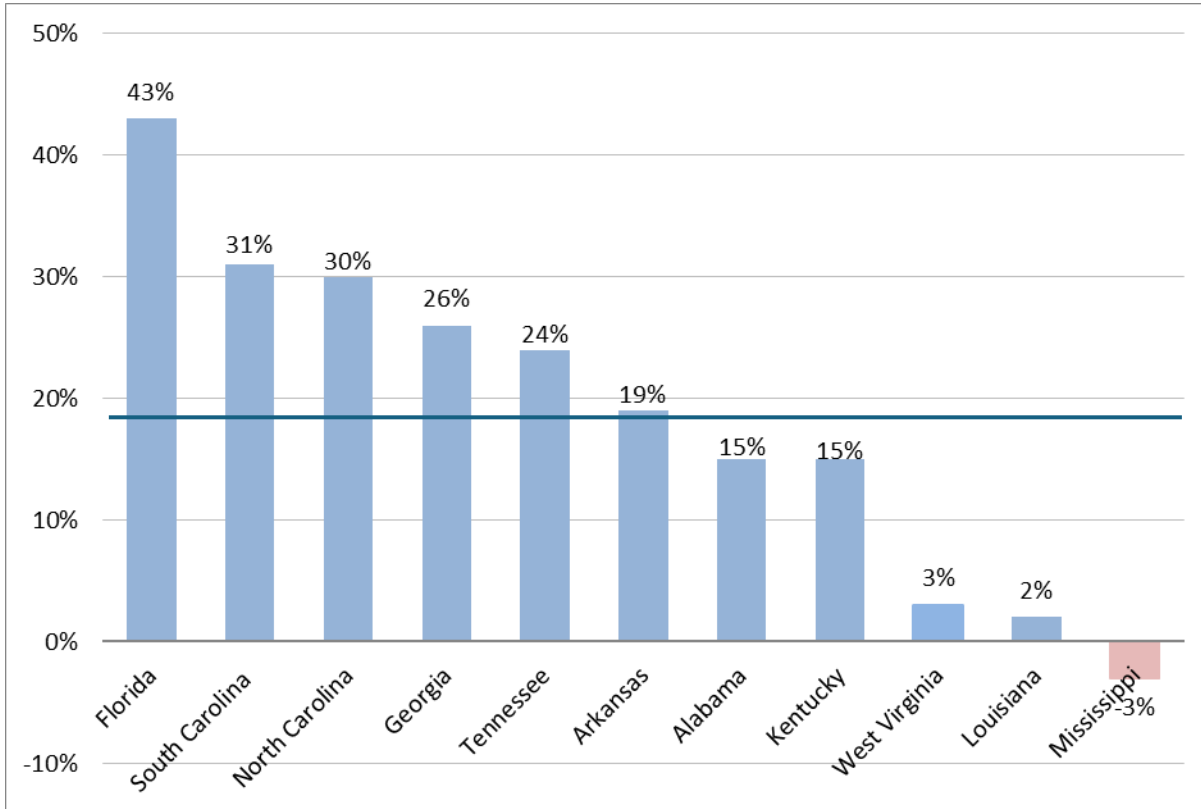
U.S. +18%



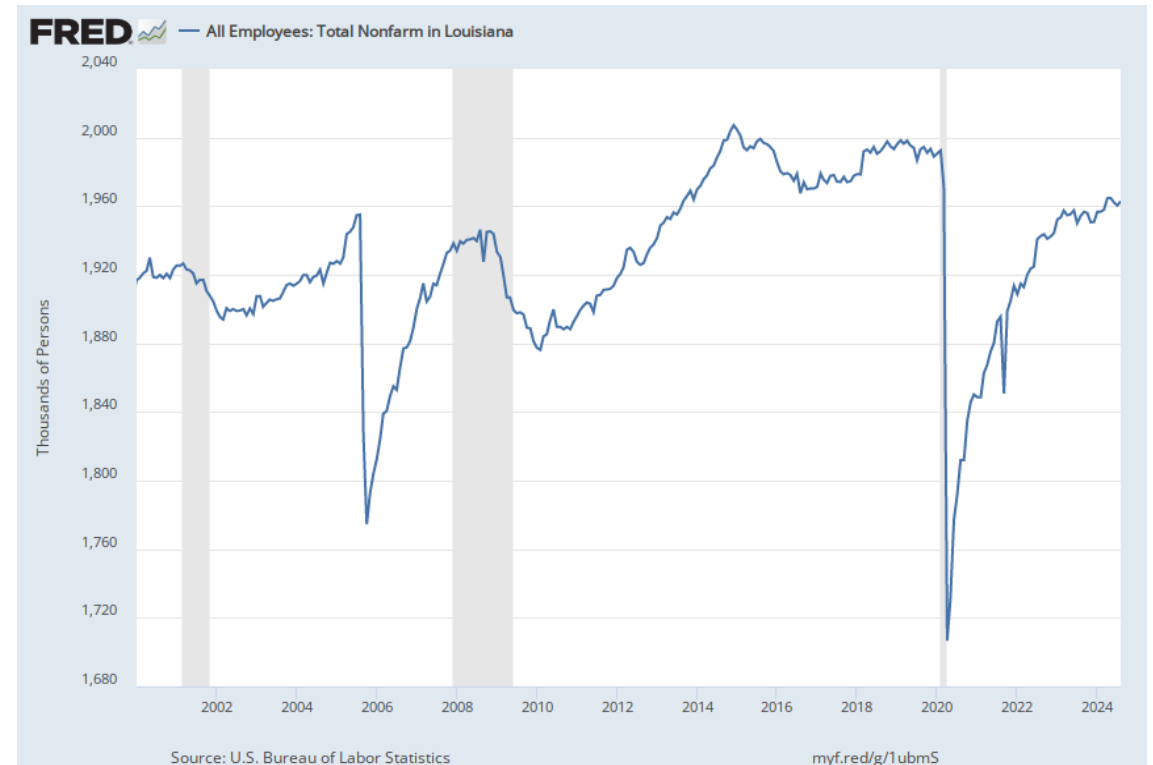
Louisiana +2%



# Jobs since 2000...



## Louisiana +2%



- Population loss is happening across Louisiana.
- Outmigration is due to lackluster economic growth.
- High death rates also contribute to population loss.

